FINDON'S BREAKFAST CLUB

Gianna from Encompass Church presented Findon PS with a cheque for $3,700 last Friday, during assembly, to go towards providing food for our breakfast club each Wednesday morning, for the remainder of 2016! Encompass Care also provide the volunteers who work each week, to serve breakfast, to the students of Findon PS. We are enormously appreciative of the generous amount donated to Findon, which will guarantee the continuation of our Breakfast club as well as the ongoing support from our four regular volunteers, led by Jonathon and Susan. HUGE THANKS!

LIFE EDUCATION VAN

Students across Foundation to Year 6 have visited the Life Education van this week to learn about and focus on issues around food and nutrition, personal safety, physical activity, cyber safety, safety with medicine and legal drugs; tobacco, alcohol and caffeine. By taking a comprehensive approach to drug and health education, the learning helps children to develop relationship skills, positive communication (both face to face and online), problem solving and decision making skills. The programs provide students with the opportunity to develop strategies, and practice the skills required to avoid the harms associated with an unhealthy lifestyle. The specially trained educators ensured that all messages were age-appropriate, relevant and enhanced and supported the messages taught in Australian schools. Findon considers this program to be highly valued and an important part of the Health/Science curriculum for all students.

MOBILE DENTAL SERVICE

We are again lucky enough to be able to provide the Mobile Dental Service here at Findon PS for parents whose children are eligible for treatment and who took up the offer. The dental team lead by Dr Sharma provide comprehensive oral examinations, scaling/cleaning and fluoride treatments, fillings, fissure sealants and extractions. The dental van is here till Thursday 9th June. In order for your child to be seen by one of the dentists, you must have completed and returned the consent and medical history forms to the school signed by a parent/guardian.
FINDON SCHOOL VALUES: RESPECT

There are two ways in which children struggle with respect. One is overt noncompliance and defiance. In this case, there is a lack of respect for classmates, for parents, for siblings and authority of teachers. This is almost always associated with a poor sense of self, despite the fact that these children will often brag and distort their strengths and capabilities. This bragging is merely a protective shell over a very fragile sense of self. Often these children have not had much attention or structure when they are away from school. The other way in which a child struggles with respect is when he/she begins to say, 'I'm bad,' 'I can't do that,' 'I'm stupid,' 'He's better than I am.' Children with this type of poor sense of self start to limit their opportunities. They don't try as hard, and as a result, they may end up creating self-fulfilling prophecies. Because they don't try new things, they don't learn as fast. They fall behind. This negative cycle can be very destructive for young children.

Children will come to respect the traits and values of the adults in their lives. As parents, let children see how you show respect for all people, including the elderly, authority figures such as police officers, and people who are different from you in terms of ethnicity or religion.

- Strive to live what you teach. Be patient, consistent, caring, honest, attentive
- When a child is struggling, give him/her opportunities to succeed. Match social and learning challenges with his/her stage of development. Slowly help them master new, but not overwhelming, challenges.
- Use positive comments and rewards to shape and reinforce behaviours. Remember the intense power of negative comments. Intervene and stop negative comments that are being used by any of the children against other children. Children may not be very good listeners, but they are extraordinary observers. Don't worry that children never listen to you; worry that they are always watching you.

Successful schools start with healthy minds…

CHILDREN AND TELEVISION

Did you know that by the time Australian children reach the age of 18, they will have watched about 14,000 hours of television, compared to 12,000 hours spent at school? This is not all bad news as television provides many opportunities for children to learn about the world around them. It can be a powerful educational tool when used sensibly. Television can be a great baby-sitter, but it shouldn't be used indiscriminately. You need to have some input into what and how much your children watch. They should be allowed to watch a range of programs including cartoons, comedies, documentaries, movies and current affair programs. The danger in allowing children to watch television too often is that they have a greater risk of obesity, poor social development, an increased chance of being affected by violence and an increased likelihood that they will have limited imagination and creativity, and therefore struggle with problem-solving activities. Research shows that adults spend about 19% of their waking life in front of the television and primary school children about 16%.

Too much television encourages a sedentary lifestyle. Here are some tips to remember for television viewing:

- lead by example
- negotiate a suitable time limit for viewing
- choose the programs you want to watch,
- always know what your children are watching,
- help your children plan for TV-free times during the week,
- talk about the characters, issues and themes which arise from the programs,
- talk about how the programs make you feel
- talk about gimmicks or promotional strategies used in commercials & ads
- most importantly, find the OFF button and use it!

MID YEAR STUDENT LED CONFERENCES

Student Led Conferences (involving students, parents and the classroom teacher) will be held on Wednesday 22nd June from 11.00-7pm. Students will bring home a notice providing parents with information about making appointments for the mid-year reporting process. Each student will be given a time for their appointment with their teacher. Students only come to school on this day at that designated appointment time and must attend with their parent/s or guardian/s. Students will be marked present when they attend their meeting.

END OF TERM 2

Friday 24th June 2016 is the final day of Term 2. A whole school assembly will be held at 12.30pm and children will be dismissed at 1.30pm.

I leave you with the following words to ponder…..

'Achievement is the knowledge that you have studied and worked hard and done the best that is in you….Always aim for achievement'

Paula Cosgrave
Principal
**MATHS PROBLEM**

Congratulations to the following students who entered a solution to the maths problem of the week.

<table>
<thead>
<tr>
<th>Cuthbert</th>
<th>Roycroft</th>
<th>Strickland</th>
<th>Freeman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>HG</td>
<td>Level</td>
<td>Name</td>
</tr>
<tr>
<td>Sami</td>
<td>4MK</td>
<td>All</td>
<td>Annabelle</td>
</tr>
<tr>
<td>Timmi</td>
<td>3/4 PK</td>
<td>All</td>
<td>Fulla</td>
</tr>
<tr>
<td>Poppy</td>
<td>FTC</td>
<td>U J</td>
<td>Logan</td>
</tr>
<tr>
<td>Arjun</td>
<td>II</td>
<td>J</td>
<td>Riley</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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|        |          |            |          |     |         |

|        |          |            |          |     |         |

|        |          |            |          |     |         |

|        |          |            |          |     |         |

**THIS WEEK’S PROBLEM**

<table>
<thead>
<tr>
<th>Upper (4 to 6)</th>
<th>Middle (2 to 4)</th>
<th>Junior (F to 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
<td>Name:</td>
<td>Name:</td>
</tr>
<tr>
<td>House:</td>
<td>House:</td>
<td>House:</td>
</tr>
<tr>
<td>Home Group:</td>
<td>Home Group:</td>
<td>Home Group:</td>
</tr>
<tr>
<td>What is this pattern?</td>
<td>Can you complete the counting pattern?</td>
<td>Can you complete the counting pattern?</td>
</tr>
<tr>
<td>1 1 2 3 5 8 13 21 34 55 89</td>
<td>8 __ 24 __ 40 __ 56 __ 72</td>
<td>5 __ 15 __ 25 __ 35 __ 45</td>
</tr>
</tbody>
</table>

**Student of the Week**

<table>
<thead>
<tr>
<th>FJW</th>
<th>Immy - For looking after her class mates</th>
<th>34MK</th>
<th>Ryan- For giving others a fair go to learn</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSM</td>
<td>Nitjansh – For showing all of the school value</td>
<td>34NS</td>
<td>Martha- For always showing others fair go</td>
</tr>
<tr>
<td>FTC</td>
<td>Massimo- For being a great friend</td>
<td>56EM</td>
<td>Noman – For playing fairly with others</td>
</tr>
<tr>
<td>1LS</td>
<td>Ciara- For taking turns when you work in groups</td>
<td>56AF</td>
<td>Ali- For giving more people a fair go</td>
</tr>
<tr>
<td>1II</td>
<td>Claire- For treating her peers equally</td>
<td>56SO</td>
<td>Riley- For giving everyone a fair go</td>
</tr>
<tr>
<td>1NJ</td>
<td>Melanie- For giving your friends a fair go</td>
<td>56MS</td>
<td>Mehmet- for including everyone in soccer</td>
</tr>
<tr>
<td>2FH</td>
<td>George – For playing fairly with his peers</td>
<td></td>
<td>SPECIALIEST STUDENT OF THE WEEK:</td>
</tr>
<tr>
<td>2MC</td>
<td>Sleiman- For letting others around him learn</td>
<td>Visual Arts</td>
<td>Samir- For showing the value of fair go</td>
</tr>
<tr>
<td>34HP</td>
<td>Jordan- For always giving his friends a fair go</td>
<td>Performing Arts</td>
<td>Sarah- For showing her peers fair go</td>
</tr>
<tr>
<td>34DF</td>
<td>Jermaine- For giving his friends a fair go</td>
<td>P.E.</td>
<td>Tysen- For showing others fair go</td>
</tr>
<tr>
<td>34PK</td>
<td>Jai- For giving others a fair go</td>
<td>Kitchen Garden</td>
<td>Jessica – For showing the value of fair go while gardening</td>
</tr>
</tbody>
</table>
Hello Findon Science Enthusiasts!

Welcome to the SCIENCE PAGE @ Findon! The newsletter features Science Quiz Questions and fun science facts every week. All you have to do is answer one or all of the questions – it’s that easy! Students will earn 10 house points for every question that is answered. Students who enter will also have their names published in the school newsletter. Some weeks, students will be announced at assembly and there may be small prizes awarded from time to time. Good luck!

THIS WEEK’S TOPIC: Food

DID YOU KNOW?

Examples of food and cuisine that are popular or famous in certain areas of the world include hummus in the Middle East, apple pie in the USA, raw fish in Japan, cheese in France, roast meat and vegetables in England, curry in India and tortillas in Mexico.

Pumpkins are usually labelled as vegetables but they contain seeds and are technically fruit.

THIS WEEK’S QUESTIONS:

Please submit your entries to the OFFICE by THURSDAY!

<table>
<thead>
<tr>
<th>JUNIOR (P-2)</th>
<th>MIDDLE (2-4)</th>
<th>UPPER (4-6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAME:</td>
<td>NAME:</td>
<td>NAME:</td>
</tr>
<tr>
<td>HOMEGROUP:</td>
<td>HOMEGROUP:</td>
<td>HOMEGROUP:</td>
</tr>
<tr>
<td>HOUSE:</td>
<td>HOUSE:</td>
<td>HOUSE:</td>
</tr>
<tr>
<td>What is the sweet substance made by bees?</td>
<td>What food is used as the base of guacamole?</td>
<td>Foods rich in starch such as pasta and bread are often known by what word starting with the letter C?</td>
</tr>
<tr>
<td>ANSWER:</td>
<td>ANSWER:</td>
<td>ANSWER:</td>
</tr>
</tbody>
</table>

HERE ARE THE ANSWERS FROM WEEK 8

<table>
<thead>
<tr>
<th>JUNIOR (P-2)</th>
<th>MIDDLE (2-4)</th>
<th>UPPER (4-6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many lungs does the human body have?</td>
<td>The muscles found in the front of your thighs are known as what?</td>
<td>The coloured part of the human eye that controls how much light passes through the pupil is called the?</td>
</tr>
<tr>
<td>ANSWER: 2</td>
<td>ANSWER: Quadriceps</td>
<td>ANSWER: Iris</td>
</tr>
</tbody>
</table>

Congratulations to the following students who entered the Science Problem in Week 8

Don’t forget to add which HOUSE you belong to so that you can earn points!

<table>
<thead>
<tr>
<th>NAME</th>
<th>HOMEGROUP</th>
<th>HOUSE</th>
<th>POINTS</th>
<th>HOUSE</th>
<th>POINTS</th>
<th>HOUSE</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lilian</td>
<td>NJ</td>
<td>Freeman</td>
<td>10</td>
<td>Nathan</td>
<td>FSM</td>
<td>Freeman</td>
<td>10</td>
</tr>
<tr>
<td>Nathan</td>
<td>NJ</td>
<td>Freeman</td>
<td>10</td>
<td>Brandon</td>
<td>II</td>
<td>Freeman</td>
<td>10</td>
</tr>
<tr>
<td>Poppy</td>
<td>FTC</td>
<td>Cuthbert</td>
<td>10</td>
<td>Sami</td>
<td>MK</td>
<td>Cuthbert</td>
<td>30</td>
</tr>
<tr>
<td>Annabelle</td>
<td>MC</td>
<td>Roycroft</td>
<td>10</td>
<td>Timmi</td>
<td>PK</td>
<td>Cuthbert</td>
<td>30</td>
</tr>
<tr>
<td>Stephanie</td>
<td>MC</td>
<td>Freeman</td>
<td>10</td>
<td>Charlotte</td>
<td>FJW</td>
<td>Cuthbert</td>
<td>10</td>
</tr>
<tr>
<td>Fulla</td>
<td>II</td>
<td>Roycroft</td>
<td>10</td>
<td>Zachary</td>
<td>FH</td>
<td>Freeman</td>
<td>10</td>
</tr>
<tr>
<td>Hassan</td>
<td>NS</td>
<td>Roycroft</td>
<td>20</td>
<td>Josh</td>
<td>LS</td>
<td>Cuthbert</td>
<td>10</td>
</tr>
<tr>
<td>Jevaughn</td>
<td>II</td>
<td>Roycroft</td>
<td>10</td>
<td>Bethany</td>
<td>II</td>
<td>Strickland</td>
<td>20</td>
</tr>
<tr>
<td>Riley</td>
<td>DF</td>
<td>Roycroft</td>
<td>10</td>
<td>Aija</td>
<td>FTC</td>
<td>Cuthbert</td>
<td>10</td>
</tr>
<tr>
<td>Logan</td>
<td>FJW</td>
<td>Roycroft</td>
<td>10</td>
<td>Felix</td>
<td>NS</td>
<td>Cuthbert</td>
<td>20</td>
</tr>
<tr>
<td>Harrison</td>
<td>II</td>
<td>Freeman</td>
<td>10</td>
<td>Phoenix</td>
<td>II</td>
<td>Cuthbert</td>
<td>30</td>
</tr>
</tbody>
</table>

HOUSE POINTS TOTAL

<table>
<thead>
<tr>
<th>FREEMAN</th>
<th>STRICKLAND</th>
<th>CUTHBERT</th>
<th>ROYCROFT</th>
</tr>
</thead>
<tbody>
<tr>
<td>70</td>
<td>20</td>
<td>150</td>
<td>70</td>
</tr>
</tbody>
</table>

Thank you
Jenny W & Mrs J
Findon Primary has been selected in the Rivers Of Yarrambat ‘Local Community Support It Program’

During JULY, patrons dining in the Rives of Yarrambat Café will be able to vote for Findon Primary as their favourite community group/cause.

At the end of July, Rivers Vouchers are then awarded to 1st, 2nd and 3rd places based on the number of votes each group receives. The voucher from Rivers will feature as an auction item at Findon Primary’s Trivia Night Fundraiser on the 19th August 2016.

So during JULY encourage family and friends to visit Rivers of Yarrambat.
Dine in the Café and support our wonderful school.

Thank You, The Fundraising Team

---

Have you applied for 4 year old kindergarten in 2017?

Is your child turning 4 years of age before 30 April 2017?

Apply by Thursday 30 June 2016 to be considered in the first round of placement offers for attendance in 2017. Applications submitted after this will still be accepted, although processed at a later date.

Give your child a great start! The activities provided at kindergarten help children increase their independence and build their social and developmental skills in preparation for school. If your child currently attends a 3 year old kindergarten program, they do not automatically receive a place for 4 year old kindergarten.

Application forms are available from:
- Council’s website: www.whittlesea.vic.gov.au
- Kindergartens
- Maternal and Child Health Centres
- Whittlesea Community Connections at Pacific Epping
- City of Whittlesea Council Offices:
  - 25 Ferries Blvd, South Morang
  - Westfield: Shop MMB, 1st Floor, 415 McDonalds Rd, Mill Park

For more information contact the City of Whittlesea:
Phone: 9217 2170 Email: keep@whittlesea.vic.gov.au

---

Supported Playgroup

smalltalk
(parenting program)

Day: Thursday (School Terms Only)
Time: 9.15am – 11.15am
Location: Findon Primary School
Cuthbert Drive
Mill Park 3082

Criteria applies
For further information please contact:
Email: michelle.rixen@whittlesea.vic.gov.au
Tel: 03 9404 5865
Email: findon.ps@whittlesea.vic.gov.au
Tel: 03 9404 1362

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Tel: 03 9404 1362

---
TRIVIA NIGHT

WHEN?  Friday 19th Aug
TIME?   7:00pm
WHERE?  Findon Primary
        BER Building

COST?  $10 per person
        Tables of 8 - 10
        BYO Snacks and Drinks
        Gold Coins for Games

Tickets can be purchased from the School Office

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PIANO / KEYBOARD
VOICE
VIOLIN / CELLO
HARMONICA

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